

PROGRAM OVERVIEW

AFRICAN

African Dance, at its heart, teaches energy, bodily awareness, and endurance. Participants will learn the fundamentals of African dance movement, language and a short choreographed piece by a local Milwaukee creative.

Dress Code: black leotard, flesh-toned tights and a lapa

HIP HOP

Hip Hop Dance fuels personality and musicality, expands bodily awareness, movement textures and expression. Participants will learn Hip Hop principles and a short choreographed piece by a local Milwaukee creative.

Dress Code: black leotard, loose-fitting pants and tennis shoes

JAZZ

Jazz Dance, a melting pot of dance history, teaches flexibility, intention, and story telling. Participants will learn Jazz basics and a short choreographed piece by a local Milwaukee creative.

Dress Code: black leotard, jazz pants/flesh-toned tights and jazz shoes

PERFORMANCE SKILL

Performance Skill, a unique gift that builds confidence, self-awareness and community. Participants will exercise this skill through theatre and movement games.

Dress Code: black leotard, loose fitting pants and tennis shoes

